

Twelve Oaks Treatment Center		All Patients are required to attend all groups	Daily Activities	
Adolescent Program Schedule				
<p><u>Small Group Location</u> Adolescent Community Room</p> <p><u>Large Group Location</u> Administration Building</p>		<p>"Safe Hours" are Tuesday & Thursday 8:30-9:00</p> <p>Patient's May Not Discharge Before 3:00 PM</p>	<p>6:30 - 7:00 7:00 - 7:45 8:00 - 8:15 11:30 - 12:00 12:00 - 12:15 4:30 - 5:00 5:00 - 5:15 8:00 - 8:15 10:00</p>	<p>Breakfast COTTAGE CLEAN UP & SHOWERS Medications Lunch Medications Dinner Medications Medications LIGHTS OUT</p>
Monday		Tuesday		
<p>9:00-10:15 Medical Education Group: Laura Anderson, RN 10:30-11:30 Small Group with your assigned counselor 12:00-1:00 School or Recovery Assignments 1:30-3:00 Psychoeducation Group: Annetta Davenport, MSCP 6:00-7:30 12-Step Recovery Speaker Meeting 8:00 - 9:00 Intervention Television Show</p>	<p>9:00 - 10:15 Psychoeducational Steps Group: Chris Campbell, MS, CMHP 10:30-11:30 Small Group with your assigned counselor 12:00-1:00 School or Recovery Assignments 1:30-3:00 Psychoeducation Group: Julie Adams, MA, CMHP 5:30 -7:30 AA Off Campus: Patients without behavior issues 7:30 - 8:30 Free Time or Ten Minute Phone Calls (A-L) 8:30 - 9:00 Town Hall Meeting with Clinical Technicians (Outside or in the Community Room)</p>			
Wednesday – Family Day		Thursday		
<p>9:00-9:30 Large Group: Family Welcome: <i>Jackie Emond, MSCP</i> 9:30- 11:00 Psychoeducation Lecture: <i>Timothy Walker, M.D., ASAM, Medical Director</i> or Chris Campbell, MS, CMHP 11:00-11:30 Large Group: Alanon 11:30 Patients with passes Check-Out at Administration Group Room (Passes are from 11:30-1:00) 1:00 Patient Check-In from Pass at Administration Group Room 1:30-3:00 Psychoeducational Lecture: Sidney Miltz, M.Ed., CCFC, CSAT, LAC, NCC, CCs, CAC, LPC, ICADC, Program Director 3:30-4:30 Twelve Step Recovery Group with LJ / Community Room 6:00 – 7:00 NA Book Study with LJ 8:30-9:00 Town Hall Meeting with Clinical Technicians</p>	<p>9:00 – 10:15 Psychoeducational Steps Group: Franklin Beal, MS, CMHP 10:30-11:30 Small Group with your assigned counselor 12:00-1:00 School or Recovery Assignments 1:30-3:00 Psychoeducation Group: Sharon Traweek, Psy.D. 5:00 – 6:00 Special Topic Group with Clinical Technicians 6:30 – 8:30 Free Time or Ten Minute Phone Calls (M-Z) 8:30 -9:00 Town Hall Meeting with Clinical Technicians (Outside or in the Community Room)</p>			
Friday		Saturday		
<p>9:00-10:15 Psychoeducational Group: Maria Rogado, BS 10:30-11:30 Small Group with your assigned counselor 12:00 – 3:00 Therapeutic Outing for patients meeting treatment goals & without behavior issues approved by assigned counselor 3:00-4:00 Life Skills Group: Heather Richer, M.Ed. 4:00-5:00 Special Topic Group with Clinical Technicians 5:30-7:30 AA Off Campus: Patients without behavior issues 8:30 – 9:00 Town Hall Meeting with Clinical Technicians (Outside or in the Community Room)</p>	<p>9:00-11:30 Video Psychoeducation Group: <i>Counseling Staff</i> 12:00 – 1:30 Free Time 1:30-2:30 Activity Therapy with <i>Occupational Therapist</i> in Community Room 3:00 – 4:00 Process Group with <i>Counseling Staff</i> 4:00-4:30 Free Time 5:00 – 6:00 Special Topic Group with Clinical Technicians 6:00 -8:30 Free Time 8:30 -9:00 Town Hall Meeting with Clinical Technicians (Outside or in the Community Room)</p>			
		Sunday		
		<p>9:00 – 10:15 <i>Psychoeducation Group: Counseling Staff.</i> 10:30– 11:30 Psychoeducational Group: Sharon Traweek, Psy.D. 12:00-1:30 Free Time or 10 Minute Phone Call (A-Z) 1:30 – 3:00 Process Group with <i>Sharon Traweek, Psy.D.</i> 5:00 – 6:00 Free Time or 10 Minute Phone Call (M-Z) 6:00 – 7:30 AA Meeting with Twelve Oaks Alumni 7:30 – 8:30 Free Time 8:30 -9:00 Town Hall Meeting with Clinical Technicians (Outside or in the Community Room)</p>		