

Twelve Oaks Treatment Center Adult Program Schedule

Small Group Location Key

Chris: Large Patient Lounge in Dorm

Franklin: Cottage 5 Living Room

Julie: Dorm Group Rooms 2 and 3

Maria: Cottage 6 Living Room

Annetta: Cottage Living Room 2

Alicia: Large Group Room in Administration Building

Jackie: Cottage 3 Living Room

Dr. Traweek: Dorm Group Room 1

**All Other Groups Are In The Administration Building
On The Hilltop**

Daily Activities

6:00-6:30	Medications: Detox. Patients and Before Breakfast Meds.
7:00-7:30	BREAKFAST
7:30 -800	Patient Room Cleaning
8:15-9:00	Adult Patient Medications
12:00-12:30	Medications: Before Lunch Medications only
12:00-12:30	LUNCH
12:30-1:00	Adult Patient Medications
4:30	Mail is distributed after Town Hall Meeting by Maria or Franklin
4:45 – 5:00	Before Dinner Medications only
5:00-5:30	DINNER
5:30-6:00	Adult Patient Medications
8:30-9:30	Adult Patient PM Medications
11:00	Lights Out

**All Patients are required to attend all groups unless the
Groups are marked optional; this includes family groups even if
you do not have family in attendance.**

Monday	Tuesday
9:00-12:00 Small Group with your assigned counselor 1:30-3:00 Large Group: Annetta Davenport, MSCP 4:00-4:30 Town Hall Meeting 6:00-7:30 12 Step Recovery Speaker Meeting	9:00-12:00 Small Group with your assigned counselor 1:30-3:00 Meditation/Reflection Group: Julie Adams, MA, CMHP 4:00-4:30 Town Hall Meeting 6:00-7:30 Circle Group: (Optional)
Wednesday— Family Day	Thursday
9:00-9:30 Large Group: Family Welcome: Jackie Emond, MSCP 9:30-11:00 Psychoeducation Lecture: Timothy Walker, M.D., ASAM, Medical Director or Chris Campbell, MS, CMHP 11:00-11:30 Large Group: Alanon 11:30 Patients with Passes Check-Out at Administration Group Room (Passes are from 11:30-1:00) 1:00 Patient Check-In from Pass at Administration Group Room 1:30-3:00 Psychoeducational Lecture: Sidney Miltz, M.Ed., CCFC, CSAT, LAC, NCC, CCS,CAC, LPC, ICADC, Program Director 3:15-4:30 Large Group: Family Wrap-Up (Patients with Family Members): Jackie Emond, MSCP 4:30-5:00 Town Hall Meeting 6:00-7:00 NA Book Study with LJ 7:00-8:30 AA Meeting	9:00-12:00 Small Group with your assigned counselor 1:30-3:00 Psychoeducation Group: Sharon Traweek, Psy.D. 4:00-4:30 Town Hall Meeting 6:00-7:00 Circle Group: (Optional) 7:00-8:30 NA Meeting
	Friday
	9:00-10:30 Small Group with your assigned counselor: Step Work Review 10:45-12:00 Medical Education Group: Laura Andersen, RN 1:30-3:00 Women's Gender Group: Administration Building Group Room: Alicia Holder, MSW 1:30-3:00 Men's Gender Group: Dorm Group Rooms 2 and 3:Chris Campbell, CMHP 4:00-4:30 Town Hall Meeting 6:00-7:00 Circle Group: (Optional)
	*Every 1 st Friday of the month a required Medical Group concerning HIV will be conducted beginning at 1:30 in the Administration Building. During this time anonymous and free testing will be provided for those who wish to be tested.
Saturday	Sunday
9:00-12:00 Video Psychoeducation Group: Counseling Staff 3:00-4:00 Therapeutic Recreation Group: Occupational Therapist 6:00-7:00 Circle Group: (Optional)	9:00-10:15 Psychoeducation Group: Counseling Staff 10:30-12:00 Psychoeducational Group: Sharon Traweek, Psy.D. 1:30-2:30 Large Group: Rules Review and Roll Call 2:30-3:00 Psychoeducation Group: Goals Review and Roll Call: Counseling Staff 6:00-7:30 AA Meeting with Twelve Oaks Alumni

OTHER GROUPS

NEW PATIENT ORIENTATION Monday-Friday: 1:30 in the Large Patient Lounge in Dorm: Chris Campbell, MS, CMHP

GLBT Weekly Group: ask a counselor for time and location

Medical Director Facilitated Chronic Pain Group: Each Monday in Small Group (*this group is by invitation only.*)

"Safe Hours" are from 3:00-4:00 only

Patient's May Not Discharge Before 3:00 PM

Revised 10/06/08